

## Effects of Obesity on Cardiovascular Risks

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The rising prevalence of obesity is driving an increased of morbidity and mortality also as reduced anticipation. Health specialise in its role in promoting disorder. Estimates of the age service use and medical costs related to obesity and related disease adjusted prevalence of obesity and severe obesity increase have risen dramatically and are expected to still rise.

significantly among adults, but not among children and adolescents, The pathogenesis of obesity includes the balance between in the U.S. between 2004 and 2016. During 2013-2016, calories consumed and energy expenditure followed by the upkeep of 38.9 percent of adults had obesity and seven .6 percent had severe weight. Diet, physical activity, environmental, behavioral and obesity. The prevalence estimates for obesity and severe obesity in physiological factors are apt of the complex process of weight loss, children and adolescents during that period were 17.8 percent and since there are several hormones and peptides involved in regulation 5.8 percent, respectively. of appetite, eating behavior and energy expenditure. The

The Obesity Medicine Association defines obesity as a cardiovascular complications associated to obesity also are driven by chronic,relapsing, multifactorial, neurobehavioral disease, wherein processes involvi rise in body fat promotes fat dysfunction and abnormal fat mass physical forces, leading to adverse metabolic, biomechanical and psychosocial health consequences.

Obesity is becoming a worldwide epidemic in both children and adults. it's related to numerous comorbidities like cardiovascular diseases (CVD), type 2 diabetes, hypertension, certain cancers, and sleep apnea/sleep disordered breathing. In fact, obesity is an

independent risk factor for CVD, and CVD risks have also been documented in obese children. Obesity is related to an increased risk