

Effects of Synchronized Harp Music and Physiotherapy with an Emphasis on Harp Music Therapy

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Tuning-in musically and focusing on the intimate context in an end-of-life setting is important for the harp therapist in order to palliate distressing symptoms. Most patients listening to harp music respond with a feeling of tranquility and a perception of feeling free and safe with less tension and pain. This can finally bring a peaceful acceptance