

Efficacy of Ayurveda Formulation Ayush-82 (IME-9) in Newly Diagnosed Type 2 Diabetics: Retrospective Analysis of Individual Data

Ashok Kumar Panda^{1*}

1

Abstract

Ayush 82 is formulated and clinically proven by Central Council Research in Ayurveda Sciences, M/o of AYUSH, GOI for diabetic care. Recently Right Sugar (Chaturbuj Pharmaceutical), IME-9 (Kudos Ayurveda) and BGR-34 (AIMIL

prescription drug or as self-medication drugs are included only in the

C₁ | | | | | | |

So, Ayush 82 may be the first line of herbal treatment option for newly diagnosed cases along with a change in lifestyle. A large population-based study is recommended.

References

1. Kumar A, Goel MK, Jain RB, Khanna P, Chaudhary V (2013) India towards diabetes control: Key issues. *Australas Med J* 6: 524-31.
2. Singh J, Singh R, Gautam CS (2012) Self-medication with herbal remedies amongst patients of type 2 diabetes mellitus: A preliminary study. *Indian J Endocrinol Metab* 16: 662-663.
3. <http://journals.tubitak.gov.tr/medical/issues/sag-16-46-4/sag-46-4-50-1507-97.pdf>
4. Balachandran, Sarojini (2004) *Customer-driven services management*. SAGE Publications India.
5. Ø! [•&@! ÖŠš! Ö!æ) á^! Ö! ÇÇF€D! Ö!i!^&ç! c[! &[] •~ { ^!á æâç^!ç!•!i} *! [-!] !^•&!š! ç! [] ! drugs. *LDI Issue Brief* 15: 1-4.
6. Sharma T, Bulani N (2014) Impact of advertisement of direct to consumer Ayurvedic proprietary medicine. *IAMJ* 2: 2.
7. Misra A, Gulati, S, Luthra A (2016) Alternative medicines for diabetes in India: Maximum hype, minimum science. *Lancet Diabetes Endocrinol* 4: 302-303.
8. Kesavadev J (2016) Unproven therapies for diabetes and their implications. *Adv Ther* 34: 60-77.
9. Birdee GS, Yeh S (2010) Complementary and alternative medicine therapies for diabetes: A clinical review. *Clinical Diabetes* 28: 147-155.
10. Kesavadev J, Saboo B, Sadikot S, Das AK, Joshi S, et al. (2017) Unproven therapies for diabetes and their implications. *Adv Ther* 34: 60.
11. Sanjay K, Unnikrishnan AG, Manash PB (2017) Interaction, information, involvement (The 3I strategy): Rebuilding trust in the medical profession. *Indian J Endocrinol Metab* 21: 268-270.
- 12.