



Emotional Intelligence: What Difference it's Make in Treatment Outcomes

Mirza A. Baig*

Department of Public Health, Missouri State University, Missouri, United States

feelings. Secondly, make them feel you are the same kind of person. To practice it, tell them you use to make the same mistakes, or you had the same kind of shortcoming, so they don't feel embarrassed. Always stay positive and motivate them that it's completely doable. Everybody has negative emotions like anxiety and fear. Don't try to hide them, if you do, you may make a blunder, handle them bravely. Lastly, keep everything crystal clear via integrating honesty, and sincerity. It will give you confidence in dealing.

It is an assumption that EI is also important for academic success, but it requires more studies. Some studies also show a moderate positive correlation between EI and academic score, while a weak positive correlation was reported between EI and clinical GPA. Studies also reported the correlation of self-control, self-confidence, and motivation scores with academic scores. The higher academic scores may depict our knowledge, but it doesn't mean you can apply acquired knowledge efficiently.

Interestingly, EI is not the same as human nature but it's a learnable skill. In several studies, empathy scores were observed as strongly correlated with clinical outcomes. Interventional experiments are required to generate data for the impact of EI on professional growth. EI learning as a part of the dental hygiene curriculum will be helpful for the students for better academic and clinical success. EI is the potent tool to construct two-way communication. By making the right judgment of the patient's feelings, a clinician can make a correct clinical-decision which ultimately leads to better treatment outcomes. Further, EI is an acquirable skill, and constructive learning should be included in the academic curriculum. Further studies are required in this area to explore specific attributes of EI concerning clinical outcomes.