

Palliative care stands as a patient-centered healthcare approach designed to empower individuals confronting serious illnesses, such as cancer, by facilitating informed decision-making. Emphasizing open and collaborative discussions surrounding treatment choices, pain management, and end-of-life preferences, palliative care recognizes patients as active participants in their healthcare journey, valuing their autonomy and individual values. Crucially, it differs from end-of-life care and can initiate at any point in the disease trajectory, complementing curative treatments. In rural and remote areas, where healthcare access challenges are heightened, palliative care assumes a pivotal role in addressing diverse needs-physical, emotional, and psychological. Going beyond physical symptom management, palliative care offers crucial emotional and psychological support, acknowledging the profound impact of cancer on patients' overall well-being. This holistic approach reinforces the principle that every patient,

Keywords:

Introduction

1. Palliative care is a patient-centered approach that focuses on relieving suffering and improving the quality of life for patients with serious illnesses. It is not a separate specialty but rather a philosophy of care that can be integrated into any medical specialty. The goal of palliative care is to address the physical, emotional, and spiritual needs of patients and their families, and to support them in making informed decisions about their care. This approach is particularly important in rural and remote areas, where access to specialized care is often limited. Palliative care can be provided at any stage of the disease, and it complements curative treatments. It is a holistic approach that recognizes the impact of illness on the whole person, not just the physical symptoms. This approach reinforces the principle that every patient,

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