



**Keywords:** Perinatal palliative care; Life-threatening fetal diagnosis; Family support; End-of-life care; Patient-centered approach; Maternal-fetal care; Prenatal and postnatal care; Pediatric palliative care

## Introduction

Recent advancements in perinatal medicine have ushered in opportunities for earlier identification and intervention in cases involving fetuses with intricate medical complexities. Some fetal diagnoses that were once life-threatening have witnessed such remarkable success in medical and surgical interventions that prospects for long-term survival and functional well-being are undeniably optimistic [1,2]. However, there exists another subset where modern medical knowledge has yet to uncover effective solutions, inevitably leading to the in utero or early infancy demise of the affected infants [3]. Between these two ends of the spectrum lies a burgeoning array of diagnoses where a substantial level of prognostic ambiguity persists. Might novel or experimental fetal interventions potentially alter the course of a previously fatal ailment? Could resuscitative endeavors,

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visits and digital resources.

## Conclusion

Incorporating perinatal palliative care can offer a vital supplementary layer of assistance alongside the multitude of other providers who aid patients and families grappling with a life-threatening fetal diagnosis. Regardless of whether the care objectives or course of the fetal condition are fully comprehensible, palliative care teams play a pivotal role in enhancing informed decision-making, navigating the realm of uncertainty, and extending grief support. Normalizing the early integration of palliative care subsequent to a fetal diagnosis can foster the development of a continuous therapeutic relationship between families and palliative care teams. Whether the palliative care team ultimately assumes a supportive role for infants undergoing intensive interventions or occupies a more central position in facilitating high-quality end-of-life care, their assistance throughout periods of uncertainty and grief should be viewed as complementary. Initiating perinatal palliative care involvement at an early stage for all families confronted with a life-threatening fetal diagnosis can contribute to optimizing care throughout the pregnancy and beyond.

## Acknowledgement

Not applicable.

## Conflict of Interest

Author declares no conflict of interest.

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