



Evaluation of Shothahara Mahakashaya of Charak Samhita: A Literary Review

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Shothahara mahakashaya denotes group of ten medicines, which act on Shotha roga. Shotha roga can be correlated with the term edema/Swelling of modern medicine. Shothahara Mahakashaya is the 38th gana of the 50 mahakashaya gana described in fourth chapter of Sutra sthan of Charak Samhita and includes patala, agnimantha, bilva, syonaka, kashmariya, kantakari, brihati, shalaparni, prishaniparni, goksura ten ingredients. These 10 plants are work together and give enhanced effect. They are also effective individually. These plants having Katu, Tikta, Kasaya Rasa, Ushna Virya, Katu Vipaka, Ruksha, Laghu Guna and Tridoshaghna (Mainly Vataghana) properties.

Keywords: S a a a a a a a a; S e ; Da a a; A e-
da; A -ede a ; D e c

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1	Patla	Flavonoids, terpenoids, saponin, stereolensin, Iridoid glycoside, beta-sitosterol etc	Ethanol extract of bark	Its inhibition on histamine and 5-HT release at the site of inflammation or by blocking their action responsible for prostaglandin synthesis or by inhibiting prostaglandin synthesis through COX-2 inhibition mechanism
2	Agnimanth	Beta-sitosterol, luteolin, alphelandrine, premnine, betulin, ganiarine etc.	Chlorofom extract of aerial part, aqueous extract of root bark	Inhibition of the synthesis of prostaglandins & other inflammatory mediators
3	Syonaka	Baicalin, tetulin, oroxindin, aloe-emodin, chrysin, oroxylium A, p-coumaric acid, scutellarein-7-rutinosides, prunetin, beta-sitosterol etc.	Ethanol Extract of Stem Bark	Suppressed the activation of pro-inflammatory cytokines including NF- κ B, TNF α , IL-1 β , and IFN γ and the activity of cyclooxygenase enzymes
4	Bilv	Root-Xanthotoxin, umbelliferone, marmesin, marmin, skimmim, etc.	Root three active compounds aegeline, skimmianine, and marmin	Potently inhibited the histamine release from rat mast cells
5		Patla, Agnimanth, Syonaka, Bilv, Ssolannhibisola, TTNhbiygenas, Betasitossolas	Patla, Agnimanth, Syonaka, Bilv, Ssolannhibisola, TTNhbiygenas, Betasitossolas	Patla, Agnimanth, Syonaka, Bilv, Ssolannhibisola, TTNhbiygenas, Betasitossolas

Shothahara Mahakshaya Dravyas

Pa aa a a ab a a a a ab a a - a a a a da e a a a a b a a . (C a a a Sa a S a a 4)

Discussion

Da ed ce a ed T d a; e e e a Va a & ca be ed a a c e e e e , ex b a - x da , a -ca ce ac , e e e b d a de a ce e d c f e. Da a ed A eda ex f e

f d de - ea eda e (P ex a(d f e e f e)), (ac e a d c ca a), (c c c), (cc), (c), a e f a ad de , a d de , e e , ea d ea e , e a d de , a e f a a , a ce a da e f -de e c a , ea a d ac, f a d a c a a ea e a Ba , S D a a, S eda Ka a [13-19].

Conclusion

A ed a e a d a A a d , L a , F a a d e c c , He e ed ce eede a. A e 10 d a e a e a -

ea e a a.S a a a a a a e e-e ab
a ca f c e a ec ed e a d a .