

Examining the Effect of Social Media Engagement on the Intensity and Recovery from Behavioral Addictions: A Cross-Cultural Perspective

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Abstract

The rapid growth of social media has had profound effects on various aspects of human behavior, with both positive and negative consequences. Among the latter, the emergence of behavioral addictions has become a growing concern, particularly in relation to the intensity of such addictions and the recovery processes. This study examines the impact of social media engagement on the intensity and recovery from behavioral addictions, taking a cross-cultural perspective. By analyzing data from diverse cultural backgrounds, the research aims to explore the ways in which social media platforms contribute to the escalation of addictive behaviors and the challenges faced during recovery. It further delves into the role of cultural values, societal norms, and social support systems in shaping addiction trajectories. The findings of this study could provide valuable insights into how different cultures manage behavioral addictions, with implications for treatment interventions and prevention strategies. Ultimately, the study highlights the necessity of a nuanced, culturally sensitive approach to understanding and addressing behavioral addictions in the age of social media.

Keywords: Cross-cultural perspectives, Social media engagement, Behavioral addictions, Intensity, Recovery processes, Cultural values, Societal norms, Social support systems

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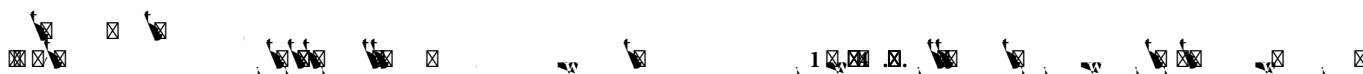
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