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## Family-Centered Care: Principles, Benefits, and Implementation

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## **Abstract**

Family-centered care (FCC) is an innovative healthcare approach that recognizes the critical role of families in the health and well-being of patients, particularly in pediatric and chronic care settings. This model emphasizes collaboration among patients, families, and healthcare providers to create a supportive and inclusive environment that enhances the quality of care. FCC principles advocate for shared decision-making, respect for family diversity, and the inclusion of families as integral partners in the care process. This article explores the core principles of family-centered care, its benefts for patients and families, and strategies for efective implementation in healthcare settings.