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Gestational Diabetes: Understanding the Risks and Management During Pregnancy

Luz Aquino*, Lorna Lopez and Rosario Santos

Department of Pediatrics, Ateneo de Manila University, Philippines

Abstract

This condition, characterized by elevated blood glucose levels, requires careful monitoring and management to

Luz Aquino

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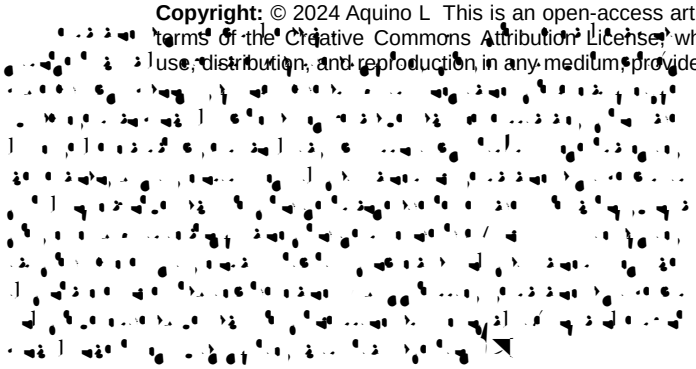
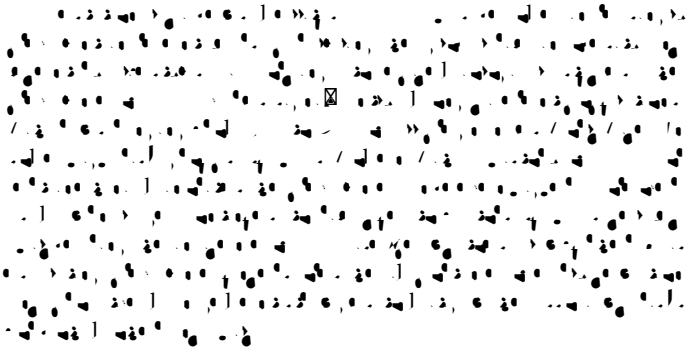
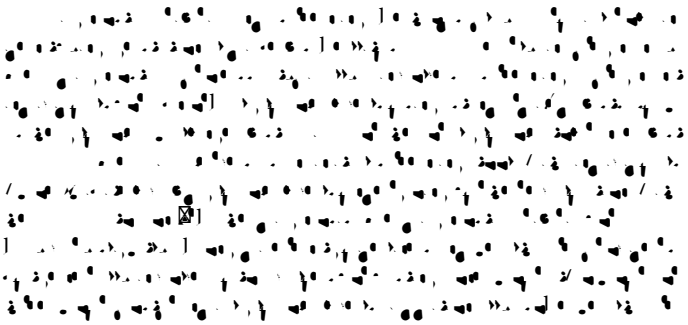
Introduction



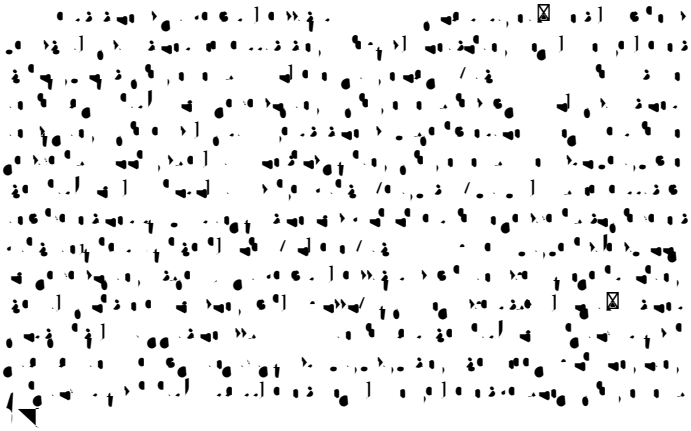
e prevalence of gestational diabetes mellitus

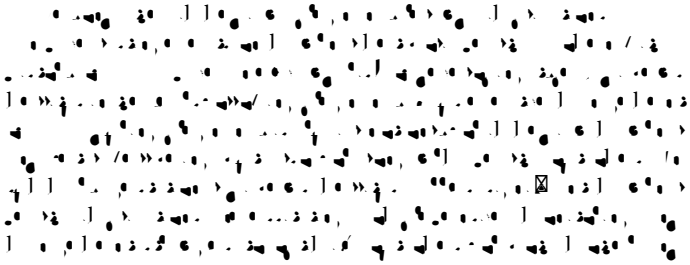


Diagnostic criteria and screening methods



Maternal health implications of gestational diabetes





Early intervention and management strategies

Dietary modi cations:

Regular physical activity:

Pharmacological interventions:

Result and Discussion

Conclusion

Acknowledgment

Con ict of Interest

References