

# How Psychological issues, Genetic Testing and Counseling Effects the Hereditary Cancer Patient

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## Editorial Note

Critical Using genetic testing, a variety of familial or hereditary malignancies with a high lifetime risk can be discovered. As public knowledge rises, it is expected that more people will choose to undergo this testing. Furthermore, it is predicted that this demographic will have a wide range of emotional reactions to genetic testing and the results. This testing and counseling procedure includes several parts, including initial pre-test counseling to discuss risks and benefits, as well as informed consent.

Cancer is a collection of diseases characterized by the uncontrolled development and spread of abnormal cells that kills one out of every seven people on the planet. It is the third biggest cause of death in low- and middle-income nations, after cardiovascular disorders, viral diseases, and parasitic diseases. Most cancer cases are now recognized to be more susceptible in people who have a family history of the disease.

Inherited genetic mutations are responsible for roughly five per cent to ten per cent of all malignancies. Several hereditary cancer syndromes, such as familial adenomatous polyposis, hereditary breast and ovarian cancer syndrome related to BRCA1/2 mutations, and hereditary non-polyposis colorectal cancer, has been described in the last decade.

It is now widely recognized that a cancer diagnosis has a wide-ranging impact on a patient's mental health. The #nd a M  
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