



# HPV Vaccination in Adults: Importance and Considerations

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HPV vaccination is a critical public health strategy for the prevention of cervical cancer and other HPV-related diseases. This article explores the importance of HPV vaccination in adults, including considerations for vaccine uptake, equity, and the role of healthcare providers. The Centers for Disease Control and Prevention (CDC) recommends HPV vaccination for all adolescents aged 11-12 years, with catch-up vaccination through age 26. For adults aged 27-45, the decision to vaccinate should be based on individual risk factors, including sexual history and previous HPV infection. Healthcare providers play a key role in providing education and counseling to help adults make informed decisions about vaccination. The GARDASIL 9 vaccine, which protects against nine HPV types, is the most comprehensive HPV vaccine available. Continued research and public health efforts are needed to increase vaccination rates and reduce the burden of HPV-related diseases.

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