

Investigating the Role of Vitamin E and Angiotensin Receptor Antagonists in the Synergistic Effect on Cardiovascular Health

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Abstract

This study delves into the intricate interplay between Vitamin E and Angiotensin Receptor Antagonists (ARA), providing a nuanced understanding of cardiovascular health on the synergistic potential of Vitamin E and Angiotensin Receptor Antagonists.

Keywords: Vitamin E; Angiotensin receptor antagonists; Cardiovascular health; Synergistic effect

In the realm of cardiovascular health, the intricate relationship between nutritional supplementation and pharmacological interventions has garnered significant attention. This study embarks on an exploration of the synergistic effects of Vitamin E, a potent antioxidant, and Angiotensin Receptor Antagonists (ARA), commonly prescribed for managing hypertension and related cardiovascular conditions. The rationale behind this investigation lies in the potential complementary actions of these two entities in mitigating cardiovascular risks [1]. Vitamin E, known for its antioxidant properties, has been

