

\* U JT /FDFTTBSZ UP &ODPVSBHF \$IJMESFO BC  
1IZTJDBM "DUJWJUZ 4P 8IZ /PU "MMPX UIFN UP  
UP -FBSO

Carmine Finelli <sup>1\*</sup>, Rocco Rossano <sup>2</sup>, Orazio Miro <sup>1</sup>, Saverio Gioia <sup>1</sup>, Nicolina La Sala <sup>1</sup> and Giuseppe Martelli <sup>2</sup>

<sup>1</sup>Center of Obesity and Eating Disorders, Stella Maris Mediterraneum Foundation, C/da S. Lucia 80035, Chiaromonte, Potenza, Italy

<sup>2</sup>Department of Science, University of Basilicata, Viale dell'Ateneo Lucano 10, 85100 Potenza, Italy



## Parental Status and Sedentary Behaviours

Patriarca et al. [30] shown that public health and preventive campaigns targeted to childhood and adolescence have mostly focused on reducing insalubrious behaviours such as physical and sport inactivity, eating patterns, TV viewing, and videogame playing. Really, an inverse correlation exists between the amount of time spent watching TV and children and adolescents health status, including overweight/obesity [30-35], school and verbal performance [30,36,37], perceived

2. Yu Z, Han S, Chu J, Xu Z, Zhu C, et al. (2012) Trends in overweight and obesity among children and adolescents in China from 1981 to 2010: a meta-analysis. *PLoS One* 7: e51949.
3. Song Y, Wang HJ, Ma J, Wang Z (2013) Secular trends of obesity prevalence in urban Chinese children from 1985 to 2010: gender disparity. *PLoS One* 8: e53069.
4. Rodenburg G, Kremers SP, Oenema A, van de Mheen D (2012) Associations of children's appetitive traits with weight and dietary behaviours in the context of general parenting. *PLoS One* 7: e50642.
5. - D Q V V H Q , aia ±-6 \_-E-OYv2'FD Q v V2π@ ` ° RÑ2ÑBÑ2ĐÄ@ ` L\* p Đ —c' ^FD Q V U - ^@- D Q V R`ID Q ' ^@- Q V ^@-v4ö'p,€ ` P Đ @ Úö'ud@ ` („" @ 0

---

46. % URZQ ' 3 OD \ LQJ WR ZLQ YLGHR JDPHV DQ G9VHKndox RUKPbUdNj B (2006) Watching television is associated with childhood obesity: but is it clinically important? Int J Obes (Lond) 30: 171-175.

47. Stettler N, Signer TM, Suter PM (2004) Electronic games and environmental factors associated with childhood obesity in Switzerland. Obes Res 12: 896-903.

48. Vandewater EA, Shim MS, Caplovitz AG (2004) Linking obesity and activity level with children's television and video game use. J Adolesc 27: 71-85.

49. Sween J, Wallington SF, Sheppard V, Taylor T, Llanos AA, et al. (2013) The Role of Exergaming in Improving Physical Activity: A Review. J Phys Act Health.

50. Tierney MJ, Pageler NM, Kahana M, Pantaleoni JL, Longhurst CA (2013) 0 HGLFDO HG XFDWLRQ LQ WKH HOHFWURQLF PHG challenges, and future directions. Acad Med 88: 748-752.