



Keywords: nutritional status, Physiology, Malnutrition, Isolation

INTRODUCTION

This was a select gathering of senior citizens, in a way its members may move around and had family who could look after them. However, if one were to do interviews with every person in the group, a wide range of dietary issues would probably surface. Poor dental hygiene and chronic illnesses are easily identifiable. A caregiver who has spent months caring for a sick spouse may come to light via more

dietary, economic, psychological, and physiological variables

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A lack of appetite, difficulties swallowing or eating, insufficient hot

tray or keep food warm During mealtimes, avoid interrupting