

palpitations, excessive worry, phobias, bed-wetting, fear and dizziness when anticipating any type of separation from their caregivers and aftermath of the natural disaster [3].

Pharmacotherapy

According to the Centers of Disease Control [1], between 2005-2011 the most prevalent mental health problems in the age group of 12-17 years old which included: anxiety disorders which were 3.0%, depression was 2.1%, and behavioral or conduct problems was 3-5%. For the age group of adolescents aged 12-17 years old they were identified as having illicit drugs use 4.7% and alcohol disorder 4.7%. Suicide, was the second leading cause of death among adolescents aged 12-17 years in 2010. These are alarming numbers considering that interventions can be utilized to help with the management and treatment of the child. If left untreated a child may turn to various types of alternative coping. Illegal drugs are among the way out for a teenager or young adult.

Interestingly, the Centers for Disease Control reported 22.2 million individuals have utilized cannabis to cope with their mental health comp7.15 Tm004C0052005160040() TJETJETJET.667Tm[teari

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