





Surgery is an essential medical specialty that has evolved over time. The total number of procedures performed in orthopedics, neurosurgery, urology, gynecology, and otolaryngology has increased significantly. This growth is driven by the need for more precise and personalized surgical outcomes. Surgeons and technicians across the world are coming together to share their expertise and advance the field of surgery. The future of surgery is bright, with new technologies and techniques being developed all the time.

healthy lifestyle habits and rise in obese pediatric patients. Obesity is a growing problem in Africa. The prevalence of obesity in Africa is increasing rapidly, and this is a major public health concern. The rise in obesity is due to a combination of factors, including changes in diet and lifestyle, and a lack of physical activity. Obesity is a leading cause of chronic diseases such as heart disease, diabetes, and cancer. It is important to take action now to prevent the further increase in obesity in Africa. This can be done by promoting healthy lifestyle habits, such as eating a balanced diet and getting regular exercise. It is also important to increase awareness of the risks of obesity and to provide support for people who are struggling with weight. By taking these steps, we can help to reduce the burden of obesity in Africa and improve the health of our people.