

Measurement of Parenting Styles and their Relationship to Well-Being in Saudi Arabia

ABSTRACT: Objective: The purpose of this research was to validate the a new tool for assessing parenting behavior in Arab populations (speci cally in Saudi Arabia), examine the assessment's relationships with existing measures of well-being, and test the hypothesis that abuse predicts only negative affect and encouragement only positive affect. **Methods:** The seven-item Arabic Parenting Style Questionnaire (APSQ) assesses Abuse and Encouragement in Saudi Arabian parent-child relationships. The APSQ and other assessments were administered to Saudi Arabian adult participants (Study 1, N = 249; Study 2, N = 293), and their responses were analyzed using correlational and regression analyses. **Results:** The Abuse and Encouragement subscales of the APSQ showed good factorial discrimination and

INTRODUCTION

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vq" cp" kpetgcug" kp" rqukvkxg" dwv" pqv" pgi cvkxg" chhgei" Vjg" Łpcn" ck o "qh"

QUESTIONNAIRE CONSTRUCTION

Vcdng" 5" ujqyu" vjg" eqttgncvqpp" eqghLekgpvu" dgvyggp" cm" xctkcdngu"

eqpLfgpeg" kpvgtxcnu" hqt" rctvkekrpvu" hcnpki" kp" gcej" qh" vjgug" hqwt"

uwdueng" qh" vjg" RCS" ctg" ukipkLecpvn{" eqttgncvfg" ykvj" qxgtcm" nkhg"

DISCUSSION

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ukipkLecpeg" xcnwgu" ctg" cu" hmqyu" Cdwug" dgvc" ?" /2048."

Vjg" eqttgncvqpu" qh" vjg" uwdueng" qh" vjg" CRUS" ykvj" vjg" Lxg"
eqghLekgpvu" ctg" tgnvkgu{" y gcm. "gxkfgpeg" uwr rqtvpki "vjg" fkuetk okpcpv"

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APSQ Item	Study 1		Study 2	
	Abuse	Enc.	Abuse	Enc.
1. Did your parents verbally insult you?	0.68	-0.11	0.66	-0.08
2. Were you beaten by your parents?	0.80	-0.05	0.48	-0.10
3. Did your parents verbally insult you in front of others?	0.91	-0.16	0.81	-0.04
4. Were you beaten by your parents in front of others?	0.77	-0.11	0.74	-0.11
5. In general, were you encouraged to express your opinion by your parents?	-0.08	0.79	-0.11	0.85
6. Did your parents encourage you to be well-behaved?	-0.17	0.62	-0.07	0.67
7. Did your parents encourage you to speak frankly when expressing your own				

Table 4.

Study 1: Correlations between the APSQ and BFI traits, *N* = 249

	APSQ	
	Abuse	Encouragement
APSQ		
Encouragement	-0.21**	
BFI		
Extraversion	0.10	0.11
Agreeableness	-0.12	0.04
Conscientiousness	0.01	0.19**
Neuroticism	0.07	-0.04
Openness	0.01	0.02

Note. **p* < 0.05, ***p* < 0.01

Table 5.

Study 2: Correlations between all variables, *N* = 293

	APSQ		GQOL	SWLS	PANAS-N
	Abuse	Encouragement			
APSQ					
Encouragement	-0.19**				
GQOL	-0.22**	0.30**			
SWLS	-0.31**	0.27**	0.49**		
PANAS-N	0.17**	0.02	-0.24**	-0.28**	
PANAS-P	-0.04	0.13*	0.30**	0.29**	-0.03

Note. **p* < 0.05, ***p* < 0.01

Table 6.

Study 2: Multiple Regression using APSQ Abuse and Encouragement as Predictors

Outcome	Predictors	Beta	Significance
GQOL	APSQ – Abuse	-0.17	0.003
	APSQ – Encouragement	0.27	0.001
			Adjusted R ² = 0.11
SWLS	APSQ – Abuse	-0.27	0.001
	APSQ – Encouragement	0.22	0.001
			Adjusted R ² = 0.14
PANAS-N	APSQ – Abuse	0.19	0.002
	APSQ – Encouragement	0.06	0.30
			Adjusted R ² = 0.03
PANAS-P	APSQ – Abuse	-0.01	0.81
	APSQ – Encouragement	0.13	0.03
			Adjusted R ² = 0.01

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Vjgtg" ygtg"u o cmm"dww"uki plŁecpv"eqttgncvqpu"*

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qh"vjg" o gvjqf"qh"tgvtqurgevkg"tgecm."cpf"vjg"Łpfkpi"cnuq"kp fkecvgu"

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Appendix

Arabic Parenting Style Questionnaire's final item set organized by factor
