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Introduction

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seed contains antibiotic (pterygospermin), fatty acids like linolenic acid, Linoleic acid, behenic acid and oleic acid (Ben oil); Phytochemicals like saponin, tannins, phytate, phenolics, terpenoids, flavonoids and lectins. Apart from these it contains, fiber, fats, minerals, proteins, and vitamins like A, B, C and amino acids [45,47,49,57,58]. The pods rich in lipids, fiber, non-structural carbohydrates, ash and protein. It also contain fatty acids like linoleic acid, oleic acid, palmitic acid and linoleic acid are also present [45,47].

Benefits/uses of Moringa

There are many uses of Moringa tree and these will all be: medicines, Human food, Water purification, Animal fodder, Alley cropping, Fertilizer, Living fence, Living fence, Domestic cleaning agent, Fuel wood and other uses. Moringa increased physical energy - Tune your body up with naturally occurring nutrients to make your energy last longer. Numerous research reports reveal that, parts of Moringa plant can be used in different techniques. Moringa seed and leaves is advantageous source of nutrients, medicines, clean dirty water and it can be used for alley cropping; because, it has lots of leafy material. Moringa uses are well documented by Fahey [1], as nutritional, industrial, medicinal, and agricultural advantage

Moringa oleifera has great potential for prevention of different diseases like nutrient deficiency, cancer, anemia as well as for dirty water purification. Moringa powder contains sufficient amount of vitamins, nutrients and chemicals in it. Moringa is makes the tree a medicine for many different diseases [33]. Moringa has also promoted by World Health Organization (WHO) as an alternative to imported food source to treat malnutrition [59].

Medicinal benefits/uses of Moringa

Moringa has long been used in herbal medicine by Africans and Indians. Moringa is often referred as a panacea and can be used to cure more than 300 diseases. In this section, medicinal uses of Moringa leaves are reviewed. Different studies shown that, all parts of Moringa (leaves, fruits, immature pods, and flowers) are incorporated into

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should be promoted for further consumption to improve nutrition and medicinal functions and as well as for climate change mitigation.

References

Moringa oleifera

Citation:

Moringa
oleifera and an examination of antibiotic efficacy conferred by *Moringa oleifera*

Dhakar RC, Maurya SD, Pooniya BK, Gupta BN, Sanwaram M (2011) *Moringa*