



Mitigating the Impact: Exploring Feeding Problems in Children

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Feeding problems affect a substantial portion of children, with estimates indicating up to 25% of typically developing children and up to 35% of those with neurodevelopmental disabilities being affected. Defined as the inability or refusal to eat certain foods, these issues can have profound implications on nutrition, development, and psychological well-being. The severity of these consequences is often influenced by factors such as age at onset, degree, and duration of the feeding problem, underscoring the importance of early recognition and intervention. This abstract explores the significance of addressing feeding problems in children to mitigate potential negative outcomes.

Keywords: Feeding problem; Neurodevelopmental disabilities; Psychological; Early recognition

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immune function. Therefore, addressing feeding problems early and implementing tailored interventions are crucial for minimizing physical and nutritional and promoting overall well-being in children [4].

addressing physical growth, cognitive functioning, and socioemotional well-being. Early identification is essential for mitigating the impact of feeding difficulties on child development and promoting optimal