

Multiple Impulse Therapy and Saunders Lumbar Traction Methods in the Treatment of Low Back Pain: A Randomized Controlled Trial

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: Low back pain is a serious medical and social problem. Despite many different research studies, no explicit standard therapy has been found so far.

: The study included 193 adult patients of both genders (86 females, 107 males) with low back pain and pain-induced limited spinal mobility without lumbar spinal stenosis. The controlled, randomized clinical trials were used. Patients were randomly assigned to one of the two groups. Group A (Study group, n=95) was

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Random assignment of patients into the groups and
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