



Musculoskeletal Disorders: Prevalence and Associated Factors

Saritha Bommanaboina

Department of Medicine, Chelmeda Medical College, Telangana, India.

Introduction

Musculoskeletal disorders (MSDs) are widespread and increasing occupational health problems in the workplace worldwide. The causes of work-related MSDs are usually multifactorial including physical, ergonomic, and psychosocial factor [1]. MSDs usually occur in workers who have excessive repetition, awkward postures, and heavy lifting. The International Labour Organization (ILO) and the World Health Organization (WHO) regard MSDs as a work-related disease, which is also referred to

MSDs have a huge impact on work-related absence and a high proportion of days lost is due to MSDs. Therefore, it not only affects the health of workers but also creates a burden on the health system, on the business

5(es)-85(o)-e52>556000lo69m (ar)-5(d)-5() TETBT1 0 778 567.17 632.5 Tm[(an-11(y)6