## Introduction

Food deterioration caused by spoilage microorganisms throughout storage and distribution incorporates a major impact on food quality and period of time. Microorganisms gi in food may end up in an exceedingly form of infections or intoxications. Natural antimicrobials may well be good thanks to stop or minimize food spoilage and/or food borne outbreaks as another to chemical preservatives. e vary of natural antimicrobials probably helpful for food preservation and food safety, further as their mechanisms of action. e various strategies used for the combination of natural anti - microbe's s in food [1].

Synthetic food additives generate a negative perception in shoppers. Food makers hunt for safer natural alternatives like those involving phytochemicals and plant essential oils. ese bioactive compounds have antimicrobial activities wide tried in in vitro tests. Foodborne diseases cause thousands of deaths and variant infections each year, principally because of infective microorganism like enteric bacteria Campylobacter spp., Escherichia, true bacteria Cereus, listeria and staph aureus. Mechanisms of action for 3 main kinds of plant nutraceuticals, speci cally terpenoids (e.g. carnosic acid), polyphenols (e.g. quercetin) and thiols (e.g., allicin). ese square measure necessary constituents of plant essential oils with a broad vary of antimicrobial ese phytochemicals square measure cosmopolitan in fruits e ects. and vegetables. is square measure particularly helpful in food preservation as microbic growth inhibitors [2].

e genus Psiadia: From, ancient uses phyto chemistry and materia medica; Synthetic food additives generate a negative perception. matsential oils with a e phytochebioaccepti3 Tw O7preservacompoun. chaptiobial Citation: Costa JM (2021) Natural Nutraceuticals as Agents for Food Preservation Polyphenols Foodborne Diseases for Cause of Antimicrobials Prophylaxis. Biochem Physiol 10: 348.

## References

1. Krepker M, Shemesh R, Poleg Y, Kashi Y, Vaxman A, et al. (2017) Active food