

# New Theory on Addictions

disorders and obesity). That section also provides a way of controlling the addictions involved with ingestion similar to what others have promoted via the use of naltrexone as a drug with value in managing ingestive disorders. There



## Keywords:

## Introduction

The dopamine theory of addiction has been widely accepted, but it is based on a flawed understanding of the role of dopamine in the brain. Dopamine is not a reward signal, but a signal of prediction error. It is released when an outcome is better than expected, and it is released when an outcome is worse than expected. This prediction error signal is what drives learning and behavior change. The dopamine theory of addiction is based on the idea that drugs of abuse hijack the dopamine system, leading to addiction. However, this theory is flawed because it does not account for the role of dopamine in learning and behavior change.

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## The posited anatomy and physiology of the dopamine theory of addictions

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