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Introduction

The field of palliative care has evolved significantly over the past few decades, moving from a focus on end-of-life care to a broader approach that encompasses the physical, psychological, and social needs of patients and their families. This holistic perspective is essential for providing high-quality care that respects patient autonomy and dignity. The interdisciplinary nature of palliative care, involving physicians, nurses, social workers, and chaplains, is a key component of this approach. Research has shown that comprehensive palliative care leads to improved patient satisfaction, reduced hospital admissions, and lower costs. However, challenges remain, including limited access to services in rural and underserved areas, and the need for further research on best practices and workforce development. This article explores the current state of palliative care, highlighting the importance of a patient-centered, interdisciplinary approach and the need for continued research and advocacy to improve care for all patients.

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Discussion

Conclusion

Acknowledgement

Conflict of Interest