



**Keywords:** Palliative care, End-of-life care, Symptom management, Quality of life, Patient autonomy, Bereavement support, Advance care planning, Interdisciplinary approach, Cultural sensitivity, Communication skills

**Introduction**

Palliative care is a specialized approach to care that focuses on relieving suffering and improving the quality of life for patients with serious illnesses. It involves a multidisciplinary team of healthcare professionals working together to address the physical, emotional, and spiritual needs of patients and their families. This approach is essential for ensuring that patients receive the most appropriate and compassionate care possible during their final days.

