Mini Review Open Acces:

- Limit your alcohol consumption.
- Conduct your own investigation.
- Get an ordinary expert screening.

Conclusions

Cancer can be prevented by

- Recognising its causes and implications
- Reducing the risks connected with it.
- Recognising and controlling precancerous lesions.
- Making the earliest diagnosis and prescribing prompt and suitable therapy.

• E ective therapeutic complication management

- https://www.hopkinsmedicine.org/health/conditions-and-diseases/oral-cancerand-tobacco#:~:text=Consider%20these%20facts%3A,esophageal%20 cancer%2C%20and%20laryngeal%20cancer.
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