Overcoming the Difficulties of Alcohol Abuse in the Context of Cultural Acceptance and Social Customs

Eelam Fonseka^{*}

*Corresponding author: Eelam Fonseka, Department of Psychiatry, Columbia University, New York, USA, E-mail: Fonseka.eelam@hotmail.com

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Description

Alcohol, a ubiquitous part of social and cultural landscapes, holds a dual nature—simultaneously a symbol of celebration and conviviality, and a shadowy enigma contributing to one of the most prevalent and insidious public health challenges: alcohol abuse. It navigates the complezFhe ebhe

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Conclusion

Alcohol abuse, veiled in societal acceptance and cultural normalcy, demands our collective attention and unwavering commitment to change. By fostering open dialogue, challenging stigma, implementing effective prevention strategies, and advocating for policy reforms, we can begin to dissipate the shadows of alcohol abuse. It is through this collective effort that we pave the way toward a society where celebrations can be enjoyed without peril, and where individuals struggling with alcohol abuse find empathy, support, and a pathway to recovery.