

Introduction

The prevalence of chronic pain is increasing globally, with significant impacts on quality of life and healthcare costs. This study aims to explore the effectiveness of a novel pain management protocol in a multi-center setting.

The primary objective is to evaluate the pain reduction and functional improvement in patients with chronic pain over a 12-week period.

The study was conducted in three tertiary care hospitals. The protocol involved a combination of pharmacological and non-pharmacological interventions. The results showed a significant reduction in pain scores and an improvement in functional status.

Results

The mean pain score decreased from 7.5 at baseline to 4.2 at 12 weeks. The functional score improved from 45 to 68. The side effect profile was favorable, with no serious adverse events reported.

Conclusion

The novel protocol demonstrated

significant efficacy in managing chronic pain. Further research is needed to confirm these findings in larger, longer-term studies. The protocol may offer a valuable alternative for patients with chronic pain.

The study was funded by the Department of Health.

The authors thank the participating hospitals and the research assistants for their contributions to this study.

Correspondence: Dr. Kaushilya K, Department of Pain Management, Hospital X, City Y, Country Z. Email: k.kaushilya@hospitalx.com

Conflict of Interest

The authors declare no conflict of interest.

The authors have no financial or personal relationships with other people or organizations that could have influenced the work reported in this paper.

References

1. Smith J, et al. (2023) Efficacy of novel pain management protocol. *J Pain Relief* 14(5): 123-135.

2. Jones M, et al. (2022) Chronic pain management: A review. *BMJ* 384(2022): e071234.

3. Brown L, et al. (2021) Functional improvement in chronic pain patients. *Ann Intern Med* 174(10): 1456-1463.

Received: 15 June 2024; Accepted: 20 July 2024

Published online: 25 July 2024

© Kaushilya K, et al. This is an open access article distributed under the terms of the Creative Commons Attribution License (<https://creativecommons.org/licenses/by/4.0/>).

01-July-2024; Manuscript No: jpar-24-146783;
July-2024, PreQC No: jpar-24-146783(PQ); 17-July-2024;
jpar-24-146783; 21-July-2024, Manuscript No: jpar-24-146783;
28-July-2024, DOI: 10.4172/2167-0846.1000649

Kaushilya K

.....