

PICO: Model for Clinical Questions

Leonardo R*

Department of Clinical Research, Federal University of Uberlandia, Brazil

7

The PICO process is a technique used in evidence-based practice to frame and answer a clinical question in terms of the specific patient's problem that helps clinically relevant for evidence in the literature (Table 1 and Figure 1) [1-5].

The process of finding an appropriate response to the doubt that arises in patient care depends on how we structure the relevant parts of this methodology. The recommended form is known by the acronym PICO. It is formed by P of patient or population, I of intervention or indicator, C of comparison or control and O of outcome, which means clinical outcome, result, or, finally, the response that is expected to be found in the sources of scientific information. Well-formulated questions should contain information about the patient [1], some exposure (to a treatment, a diagnosis or agent) [2] and an outcome of interest [3]. Clinical outcomes are the variables that will be studied. It can be illness, cure, and better in quality of life, death or limitation [6-13].

This is a necessary condition for our search to be successful; the second is to find the keywords that best describe each of these four characteristics of the question. Without this care, searches in

***Corresponding author:** Leonardo Roeber, Department of Clinical Research, Federal University of Uberlandia, Av. Para, 1720 - Bairro Umuarama, Uberlandia - MG - CEP 38400-902, Brazil, Tel: +553488039878; E-mail: leonardoroever@hotmail.com

Received July 29, 2017; **Accepted** August 01, 2018; **Published** August 08, 2018

Citation: Leonardo R (2018) PICO: Model for Clinical Questions. *Evid Based Med Pract* 4: 115. doi: [10.4172/2471-9919.1000115](https://doi.org/10.4172/2471-9919.1000115)

Copyright: © 2018 Leonardo R. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

