

tenderness, diffuse myalgia and fatigue in healthy individuals [5]

(62%), apnea/hypopnea worse in REM sleep n=6 (75%), with a mean REM Apnea Hypopnea Index of 37.5 events per hour.

Diagnosis of Fibromyalgia

N=14 (11 Females; 3 Males; Mean Age 54.6)

Sleep Apnea N=10 (71%) (8 Females; 2 Males; Mean Age 59.5)

- 13 May KP, West SG, Baker MR, Everett D W (1993) Sleep apnea in male patients with the fibromyalgia syndrome. *Am J Med* 94: 505-508
- 14 Franklin KA, Lindberg E (2015) Obstructive sleep apnea is a common