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Abstract: This study aims to explore the challenges faced by healthcare professionals in Bangladesh during the COVID-19 pandemic. The research focuses on the experiences of doctors and nurses, highlighting the impact of the pandemic on their mental health and well-being. The study also seeks to identify the factors contributing to these challenges and provide recommendations for employers and employees to enhance their well-being.

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The COVID-19 pandemic has posed significant challenges for healthcare professionals globally. In Bangladesh, the situation is particularly challenging due to the country's high population density and limited healthcare resources. Healthcare professionals, including doctors and nurses, are facing increased workloads, long hours, and exposure to the virus, leading to physical exhaustion and mental health issues. The lack of personal protective equipment (PPE) and inadequate training further exacerbate these challenges. Additionally, the social stigma associated with COVID-19 adds to the psychological burden on healthcare workers. This study aims to explore these challenges in detail, focusing on the experiences of healthcare professionals in Bangladesh. The research will investigate the impact of the pandemic on their mental health and well-being, and identify the factors contributing to these challenges. The findings of this study will be used to provide recommendations for employers and employees to enhance their well-being during the ongoing COVID-19 pandemic.

**Keywords:** COVID-19, healthcare professionals, mental health, Bangladesh, challenges, well-being.

health and provide recommendations for employers and employees to enhance their well-being. Additionally, it seeks to explore gender differences in this context. In the midst of the ongoing COVID-19 pandemic, healthcare professionals face escalating challenges globally. However, there is a dearth of information regarding these challenges in many developing nations, including Bangladesh. This study endeavors to investigate the difficulties encountered by healthcare professionals, including doctors and nurses, amidst the COVID-19 pandemic.

