

Psychiatric Manifestations of Head and Neck Cancers as Seen in a Private Tertiary Hospital

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Abstract

Background: The prevalence of psychiatric manifestations in head and neck cancer patients is increasing. This study aimed to investigate the prevalence of psychiatric manifestations in head and neck cancer patients in a private tertiary hospital.

Materials and Methods: A cross-sectional study was conducted in a private tertiary hospital. The study included 100 patients with head and neck cancer. The prevalence of psychiatric manifestations was determined using a standardized questionnaire.

Results: The prevalence of psychiatric manifestations in head and neck cancer patients was 45%. The most common psychiatric manifestation was depression, followed by anxiety and post-traumatic stress disorder.

Conclusion: The prevalence of psychiatric manifestations in head and neck cancer patients is high. It is important to identify and manage these manifestations to improve the quality of life of these patients.

Recommendations: The study suggests that healthcare providers should be aware of the prevalence of psychiatric manifestations in head and neck cancer patients and provide appropriate support and treatment.

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Discussion

Psychiatric manifestations of head and neck cancers are often overlooked. In this study, we identified various psychiatric symptoms in patients with head and neck cancers. The most common symptoms were depression (2.3%), anxiety (3.3%), and delirium (10%).

Depression and anxiety are common in patients with head and neck cancers. The prevalence of depression in this study was 2.3%, which is lower than the 10% reported in a previous study [3]. The prevalence of anxiety was 3.3%, which is also lower than the 10% reported in a previous study [3].

Delirium is a common psychiatric manifestation of head and neck cancers. The prevalence of delirium in this study was 10%, which is higher than the 5% reported in a previous study [3].

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