Open Access

 $\begin{tabular}{ll} \textbf{Keywords:} & \textbf{Palliative care; Blood disorders; Hematologic malignancies; Quality of life; Symptom management \\ \end{tabular}$ 

profound. Patients may grapple with fear, uncertainty, and grief regarding their diagnosis and treatment. Palliative care emphasizes the importance of mental health support as an integral part of comprehensive care. Incorporating psychological counseling, stress-reduction techniques, and support groups can provide essential relief for patients and their families. Family dynamics also play a crucial role in the psychological well-being of patients. Palliative care facilitates open communication with family members, enabling them to express