

Recent Discoveries about the Frequency of Mental Health Issues among Veterinarians

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Veterinary professionals are increasingly recognized for their susceptibility to mental health issues, including stress, depression, and anxiety. Recent research underscores the high prevalence of mental health disorders among veterinarians and highlights factors contributing to these challenges. This article reviews recent discoveries, explores the factors infuencing mental health in the veterinary feld, and discusses potential interventions and support mechanisms to improve well-being among veterinary professionals.

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