

Severity of post-stroke depression and fatigue in stroke survivors visiting tertiary care. (A hospital-based study).

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Early intervention will prevent the recurrence of stroke and will lessen the severity of depression and fatigue.

Patients with a stroke history should be rehabilitated according to the severity of fatigue via vocational training and occupational therapies.

Patients having a stroke should be classified on the severity of psychiatric morbidities so that required referrals may be made.

LIMITATIONS: Hospital-based study restricted to only one tertiary care center. Sample from periphery centers/secondary level that are managed at secondary level, should have been included. A follow-up study may be planned.

STRENGTHS OF THE STUDY: Our study has assessed the severity of depression and post-stroke fatigue which enables us to categorize the patients on the severity and subsequently plan the type of rehabilitation and referral.

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