

occur, and rapid changes in body weight and fat mass may also affect the effectiveness and tolerance of the medication [4].

Body Image: One's health and quality of life suffer as a result of obesity. There is a correlation between being overweight and having a lower quality of life, according to a number of studies. Numerous individuals report significant physical and professional obstacles. Because of these drawbacks, many people seek treatment for weight loss [5,6].

Conclusion

Body image affects the quality of life of many people. Dissatisfaction with one's body image is common among overweight people and women and girls of average weight. Although people can express dissatisfaction with their entire bodies or specific features, the degree of dissatisfaction appears to be closely linked to their weight. Even when there are serious weight-related health issues, it is thought that body image dissatisfaction plays a role in the decision to seek treatment for weight loss.

Acknowledgement

None

Conflict of Interest

None

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