



Sneezes and Sensitivities: Decoding the Language of Allergies

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Abstract

This article delves into the symphony of responses triggered by the immune system when faced with perceived threats, deciphering the language of histamines and the diverse symptoms they orchestrate. From the familiar notes of sneezing and itching to the more severe crescendo of anaphylaxis, the body's allergic language is dissected to enhance our understanding. The abstract concludes by emphasizing the importance of managing allergic responses and finding harmony within the body's natural defences, offering insights into navigating the complex world of allergies. Explores the intricate communication between the immune system and various allergens, unravelling the mysteries behind common allergic reactions.

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