

ABSTRACT:

Stigma and discrimination are pervasive social phenomena that adversely affect individuals and groups across various contexts. This study examines the psychological, social, and economic impacts of stigma and discrimination, highlighting their implications for mental health, social inclusion, and access to resources. Utilizing a comprehensive review of existing literature and case studies, the paper identifies key drivers of stigmatization and discriminatory behaviors, including cultural, societal, and institutional factors. Additionally, it discusses effective strategies and interventions aimed at mitigating these negative effects, promoting inclusivity, and fostering resilience.

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