



Stress Related Fracture of Foot and Ankle

William Bart*

Department of Orthopedic surgery, University De Bordeaux, France

Abstract

Stress breaks happen because of tiny wounds supported when bone is exposed to rehashed sub-maximal stresses. Extra time, with rehashed patterns of stacking, collection of such wounds can lead to large scale underlying disappointment and forthcoming break. There are various pressure cracks about the foot and lower leg of which an injury

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