

# Structural Plate Used to Autonomously Heal a Distal Humerus Fragment Extra Joint

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## Abstract

This study was conducted in our hospital to assess the clinico-radiologic outcome of EADHF. Anatomic plates are the best option for managing these difficult fractures, despite mounting proposed plate configurations. As a dem to November 2018 were treated with anatomical plates. The fractures were approached using posterior triceps splitting approaches. The anatomical distal humerus plate was used to repair the fracture. The Mayo Elbow Performance Score (MEPS) was used to assess the final functional outcome as well as the radiological union. The majority of patients had an AO Type 13-A2 fracture with a mean arc of motion of 97.2 21.79°. The median time to radiological union was 16.7 4.5 weeks (12 to 30), and there was one non-union case. At the most recent follow-up, the typical MEPS was 82 12.7, and 17 patients had excellent outcomes. There were a total of 25 male patients recruited. The most effective method for observing a distal femur extra-articular fracture is to use anatomical locking plates and a triceps splitting technique. Their ages ranged from 38.9 to 9.6. Early reunion and stable fixation are demonstrated by this technique, with minimal soft tissue loss and complications.

**Keywords:**

**Introduction:**

[2-5].

... ( 2 3) [6-8].

**Patients and Methods**

**Study Design**

2 3, 2018, 2016

**Inclusion Criteria** [9]

18 / 1 ( 2 3).

**Exclusion Criteria**

18

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**Received:** 1-Nov-2022, Manuscript No: crfa-22-81302, **Editor assigned:** 8-Nov-2022, PreQC No: crfa-22-81302 (PQ), **Reviewed:** 16-Nov-2022, QC No: crfa-22-81302, **Revised:** 21-Nov-2022, Manuscript No: crfa-22-81302 (R), **Published:** 30-Nov-2022, DOI: 10.4172/2329-910X.1000377

**Citation:** Monica Y (2022) Structural Plate Used to Autonomously Heal a Distal Humerus Fragment Extra Joint. Clin Res Foot Ankle, 10: 377.

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