



individuals should begin in the primary care physician's office [20]. In addition, these individuals should receive close follow-up with frequent telephone contact from the clinic staff to motivate them to reduce their use of substances [21]. Furthermore, studies that evaluate means to improve access to healthcare will motivate older adults with substance use disorders to see treatment who might otherwise not seek treatment due to various psychosocial issues [22].

## Conclusions

The population of older adults in the United States is growing at an appreciable rate and this phenomenon has been dubbed the 'Silver Tsunami.' Associated with the growth of the aging population is the evidence for the significant growth of older adults who are using psychoactive substances. There is substantial growth in the number of