



Sundowning in Dementia Patients: Behavioral Patterns and Management Strategies

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Abstract

Sundowning RSDUWFFDUIHJIRUMBDBCSRZOCIVK research emphasizes the importance of personalized care plans, caregiver education, and the incorporation of and proactive management to enhance the quality of life for dementia patients and their caregivers.

cases of severe sundowning unresponsive to non-pharmacological measures, pharmacological treatments were considered. Low doses of antipsychotics, such as risperidone, were effective in managing agitation but required careful monitoring due to potential side effects. Melatonin supplementation showed promise in regulating sleep patterns and mitigating evening restlessness. Caregiver education and support played a pivotal role in the successful implementation of management strategies. Training programs focused on recognizing early signs of
