The case for formalized training for caregivers of seniors – delivering excellent elderly caregiving in Modern Singapore

Satyaprakash Tiwari

Lions Club of Singapore Centennial, Singapore

Abstract

Caregiving, especially for senior members of the family, is often thrust on people when they are least prepared for it. It is a role that can be very stressful and draining for the caregiver - physically, mentally and ýnancially. It extends into the caregiverós personal space as the senior gradually becomes emotionally and tangibly dependant on the caregiver. As the senior ages, often the roles of parent and child are óswappedó with the child having to take a more óparentóing [illegible] ä ļ ţ ᵐ Ŏ [illegible] Singaporean culture. They are competent in managing activities of daily living, hygiene, nutrition, ambulation and cognitive stimulation and posses the knowhow to care for persons with Dementia, Cancer, Stroke, Parkinsonós Disease and other ailments that are common in the senior population.

The training is constantly updated to keep the hired caregivers updated with latest changes in care mechanisms and technology used in care of seniors. The emphasis is on person-centred care and the conýdent specialised caregivers develop professional levels of interpersonal, critical-thinking and personal care skills.

Biography

Satyaprakash Tiwari works as Healthcare Professional with 30 years of experience in healthcare planning, advisory, project management and development. Experienced Non-proýt leader, Management, Eldercare programmes and services. Proven record of being a community builder with a passion for serving elderly, people with disabilities with the use of innovation, technology and collaboration. He has spearheaded and operationalised three Voluntary Welfare Organisations (VWOs), piloted the ýrst Home Help Service and Dementia Day Care Centre and developed numerous community-based programmes and initiatives in Singapore. He has been a Senior-Level Executive in VWOs for over 25 years. Has earned a formidable reputation concerning expertise in initiating and institutionalising signiýcant programmes with highly capable management skills and ability to co[illegible]