

## Abstract

Adolescence is a transformative period marked by significant physical, emotional, and cognitive development. As adolescents navigate the complexities of identity formation and peer relationships, parental supervision plays a crucial role in guiding their journey toward adulthood. In this article, we explore the importance of parental supervision in adolescents' lives, its impact on their development, and strategies for effective supervision.

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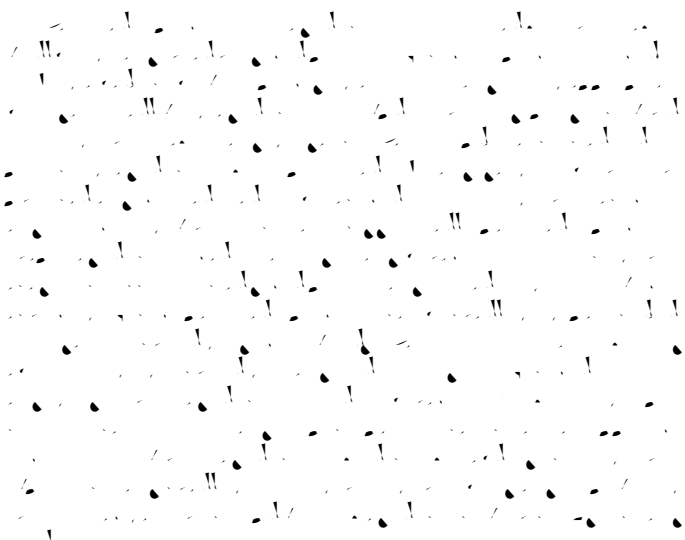
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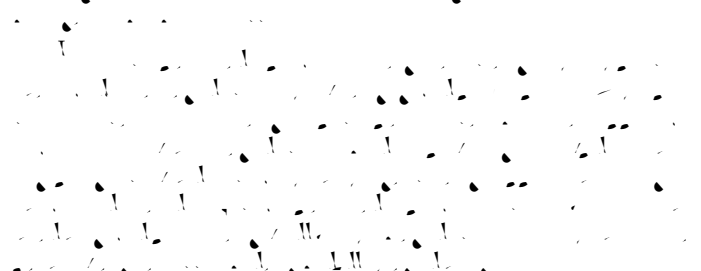
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