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Research Article

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The Impact of Digital Education Material in Improving Clinical and Behavioural Outcomes in Home-Based Cardiac Rehabilitation Participants: A Pilot Study

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Abstract

Background:

Aims:

Methods and Results:

Conclusion:

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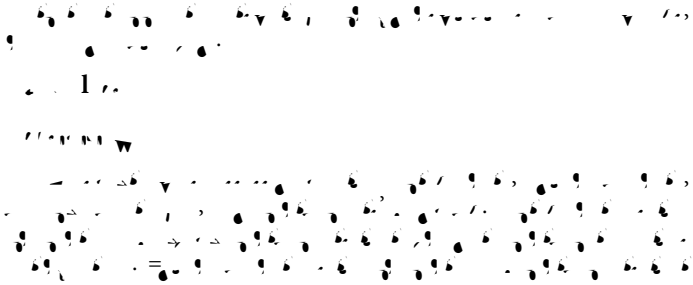
Citation:



[illegible]

Table 1:

Characteristics	n(%)
Gender	
Race	
Working Status	
Education Level	
Perceived Cardiac Rehab Barrier	
Co-morbidities	
Revascularization procedures	

[illegible]

Figure 2: **(a)**

Table 2(a): **(a)**

Participant	ABCD Risk			No of cigarette smoked per day			Likelihood to miss daily medication		No of exercise hours per week		Number of attended CR sessions (total 3)
	Pre	Post	Change	Pre	Post	Change	Pre	Post	Pre	Post	

Participant	No of exercise hours per week		Endurance parameters measured by treadmill exercise stress test								
			Peak METs value			Exercise duration (sec- 01 45.2426 28 test					

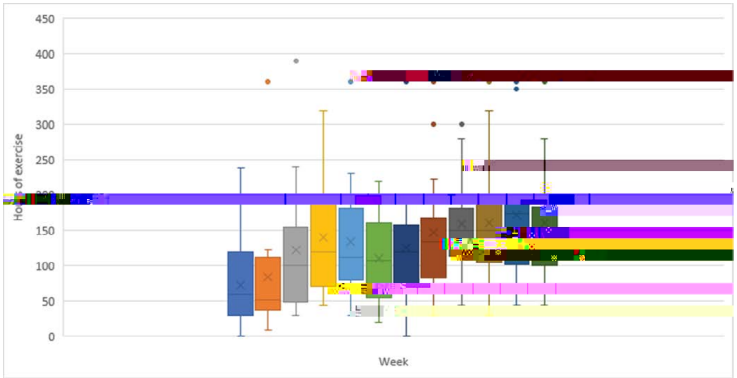
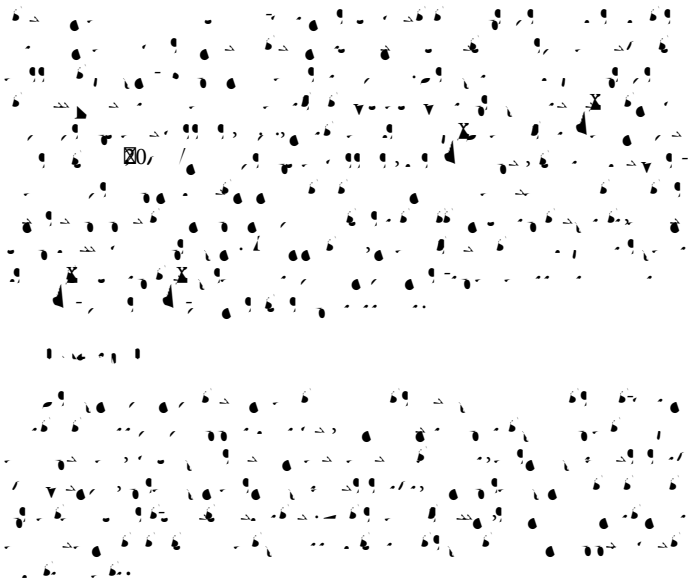


Figure 3:

Citation:



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Declaration of Conficting Interests

The authors declared no potential conficts of interest with respect to the

Authors Contribution

Participant feedback:

General feedback from participants

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- “I would suggest a downloadable PDF version of this fle is also ofered to

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