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### *Abstract*

**S**tatement of the problem- Inadequate food supplies, diminishing quality of health, and increasing environmental deterioration are three key underlying problems affecting our future well-being in Africa. The magnitude of these problems is set to increase as the population continues to grow. However, despite the numerous, nutritional, health benefits and medicinal values of mushrooms, its importance in food security, especially in developing nations is not appreciated. Therefore, mushroom is considered in this study to identify the economic importance and the consumption rate of mushrooms in a way it will help to reduce disease incidences and alleviate hidden hunger in southwestern Nigeria. Methodology- Non-probability sampling method was used to select 20 Local Government Areas (LGAs) from 3 states and four communities were selected purposively from each LGAs. Snow-ball sampling approach was used in selecting 5 respondents from each

