: ^Pallia i e ca e; End of life; Q ali of life; ^Po i i e in₄ ence; llne

I

B e abli hing a ne ok and coo e a i e go for he da lica ion and e each echnie in ndia, i old be o ible o iden if he e oblem ha ma im e e he e o i ion of allia i e ca e and he a ea he e e ac ical e idence i ill lacking. With an em ha i on e o ing he medical e ac ice ali and ali of ding in a ien hen a c e ma o ma no be achie able and ho ha e ad anced age illne e, allia i e ca e gain a e e od ced [1]. In line i h WHO e o gh he ea l de ec ion, acc e a e e al a ion, and e ea men of ain and o ho di c lie, h ical, emo ional, and i ali e a ien and hei familie facing he challenge a ocia ed i h life he ea ening di ea e [2].

De pie he fac . ha dea hi a na • al pa. of life, i i ome ime

incl ded in $^{\rho}$ allia i e and end-of-life care: , e e g ideline gi e $^{\rho}$ of e ional / ho $^{\rho}$ o ide end-of-life care and or, ie/ [7].

- e^{ρ} on e^{ρ} in i.e., including here e^{ρ} i.e. al, emotional, and e^{ρ} i.e. i.e. i.e., e^{ρ} is all choice and active in the planning and deliterate of care and e^{ρ} or.
- Clear, imel, and $a^{\rho\rho}$, o^{ρ} , ia e communication i ${}^{\rho}$, e en ed in ac, aking in accordance in the condition, e.e. it emen, and call abilitie of the ecilien and their caregia.
- n eg al / o king i _ ed . o o e end-of-life ca e, / i h ρ actione / o king. oge he . o g a an ee eamle ca e and ρ o . a . he momen of deli e .
- nfo ma ion ha i good, clea , and di ec i gi en o $^{\rho}$ a ien and hei ca egi e . .
- E eci e comm nica ion and eg la e al a ion g a an ee ha care and a i ance are e e o ni e o he need and e ol ing ci c m ance of indi id al and hei ca egi e . .
- Ca egi a need and igh a e acknot ledged and aken in o con ide a ion.

² allia i e ca e e e end i e e on ibili o a i \cdot i h grief, if nece, a \cdot ih.he ima object e of achie ing.he highe. O ible

e goal of pallia i e care. Peciali. i o keep paien, a home a long a po ible alloving for a more na. al dea ha home. Home dea h migh be een a a e. l of evcellen pallia i e care. eo le ac. al ie of dea hand whe he he wan o pa ava a here are fee en l bogh. In e or o impro e care for he ding, ai ing he po ibili ha he migh o e a marker of he ec i ene, of pallia i e care [11].

 \mathbf{C}

e goal of pallia i e ca e i o enhance ali of life. Addi ionall, i o all ale he co e e of a ickne and, / hen ed eal on in he illne, ma leng hen life. e e i an added nancial ain in ndia. eo le a iced b hem e i e a i ance o deal / i h he e problem ince he e l in a lo ali of life. allia i e ca e o e a i ance in e ol ing he e i e . Since pallia i e ca e i "/ hole ca e," a m l idi ci lina eam i needed o o o de i . O oco, n e e, co n ello, die ician, and ocial / o ko make. he majo i of hi eam, / hich collabo a e o en e e ha a ien nea ing he end of hei li e ha e he highe. ali of life o ible.

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