

# Treatment of Holistic approach in Adults with Heart failure

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## **Abstract**

Heart failure (HF) is a significant clinical and financial burden on the health care system and a leading cause of hospitalization, morbidity, and mortality in older adults. However, elderly patients often have coexisting multimorbidity, frailty, and malnutrition, making it challenging to assess and treat HF. As a result, Western medicine alone is rarely

A.  $\text{Ca}^{2+}$

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A  
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A  
Ka  
A

C

HF  
Ka  
HF  
Ka  
HF

A

References

1. Gates GA (1996)