Understanding Bullying Behaviour in Adolescence: Causes, Effects, and Solutions

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Abstract

Adolescence is a crucial stage of development marked by numerous physical, emotional, and social changes. Amids this transformation, bullying behaviour emerges as a significant concern, affecting individuals' well-being and social dynamics. This article delves into the complex nature of bullying among adolescents, exploring its causes, effects, and potential solutions.

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isolation, as victims may struggle to trust others or form meaningful relationships.

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